

SCDD Regional Office – Sacramento

Activities for November – January 2018

1.1 The Council will increase knowledge about self-determination and person-centered planning by monitoring, supporting and actively engaging in the implementation of the Self-Determination Program.

- Distributed Self-Determination information at the El Dorado, Sacramento, Nevada, Placer, Yuba and Sutter County (SELPA) meetings
- Attended the Self-Determination Advisory Committee at Alta
- Provided and information table at the UCD MIND Institute Summer Seminar
- Participated in the local Self-Determination Advisory Committee at Alta California Regional Center.
- staff attended a meeting at the Department of Rehabilitation (DOR) for the purpose of learning the new ways in which people with I/DD can get employment with the State of California.
- Met with Jason Lindo from Alta California Regional Center to plan for Self-Determination Program trainings this Spring.
- Met with self-advocate RAC member in Roseville to assist her to develop a session for the May 2018 Self-Advocacy Conference.

2.1 The Council will increase and promote culturally competent strategies and resources that facilitate competitive, integrated employment (CIE) of people with I/DD.

- Attended the Consumer Advisory Committee (CAC) at ACRC.
- Met with One Stop Job Center of Placer, Nevada and Yolo Counties for the purpose of providing as easy access to information on employment opportunities and the employment center services available for people with I/DD.
- Attended and provided information at the El Dorado, Sacramento, Nevada, Placer, Yuba and Sutter County SELPA CAC meetings
- Attended the Business Advisory Council (BAC) monthly planning meetings
- Attended and provided information about DOR, DDS and CDE's efforts for CIE and the blueprint plans for people with ID/DD for the purpose of outreach to the Align Rural Region (ARR) of Colusa, Yuba, Sutter, Yolo counties.
- Hosted the filming of consumers telling their story of employment and College, by Cindy Ruder.
- Met with the Director of The ARC's Roseville Adult Center.

- Met at the Employer Presentation of the New World of Work (NWoW) in Yuba City. NWoW is a 21st Century Skills curriculum and badges being integrated in California Community Colleges.
- Met with administrative staff at the Yuba County One Stop Job Center to inquire about job support (resume and job search) for people with I/DD.
- Attend the SACTOID events to network with employers and providers in Sacramento County.
- Met with small business employer who hires people with I/DD, he will attend our next BAC event.
- Met with employers, employment agencies and Alta California Regional Center staff together with the Sacramento Regional Inclusion and Diversity Council (SACTOID).
- Toured The ARC's Adult Achievement Center in Meadow Vista, Placer County, and met with the program director to discuss program compliance with HCBS Settings Rules and various changes the program is anticipating.
- Provided information during the Business Advisory Council (BAC) meeting regarding the information about the Department of Rehabilitation (DOR) and that employer's support for people with I/DD to get a state job.
- Met with Workability staff with Davis High School in Yolo County to gain information on the top employers in the county for their student population. Workability is an option for high school students for work experience as transition services developed and supported by the State Department of Education.
- Contacted Mercy Health Care's Human Resources and Diversity/Inclusion departments to inform them of Business Advisory Council (BAC)
- Staff developed a list of Supported Employment Agencies, contact information and descriptions of services throughout the Sacramento Area for prospective employers.
- SACRO staff provided outreach information on the SCDD and CalABLE updates at the Rural Regional Alliance (RRA) Team meeting in Woodland.
- Staff participated in the Supported Life Conference Planning meeting.

3.1 The Council will work with housing entities to increase the development and/or provision of community housing for people with I/DD.

- Attended the Sacramento Housing Alliance's 3rd annual Sacramento Regional Affordable Housing Summit (SRAHS) in Sacramento
- Distributed information about CalABLE at the SELPA CAC meetings, Supported Life Conference, and the Sacramento Housing Summit.
- Attended the Residential Vendor Forum at Alta California Regional Center (ACRC)

- Staff and RAC member met with 2 County Planners for El Dorado County to discuss various possibilities to increase housing options for people with IDD.
- Participating in the Sacramento Valley Assessment of Fair Housing (AFH) study.
- Staff attended the Yolo County Housing Commission meeting in Woodland for the purpose of collaborating with the commission staff and informing them of the SCDD state plan regarding housing and the need for accessible and affordable housing.
- Staff coordinated meeting with Chair of SCDD Sac RAC who is a parent in El Dorado County, the supervisor of the El Dorado office of ACRC, and staff from ACRC Community Services.

3.2 The Council will identify and decrease barriers to housing for people with I/DD.

- Attended ACRC Supported Living Services Vendor Forum.
- Attended the Board meeting of Housing Now. Housing Now strives to create housing opportunities for persons with I/DD.
- Staff provided training on Inclusion and HCBS Settings Rules to self-advocates and parents at MORE Rehabilitation in Placerville.

4.1 The Council and its federal partners will increase knowledge and awareness for people with I/DD and their families about the availability of and access to health and public safety-related services and supports.

- SACRO co-sponsored the 2017 NICU Family Symposium.
- Staff met with Ben Monroe at the Department of Developmental Services (DDS) to gather information for families regarding identification and reason for concern that their child with special needs.
- Participated on the Yuba Sutter ADRC Steering Committee Meeting. The Yuba/ Sutter Adult and Disability Resource Connection is a collaborative effort of the Agency on Aging Area 4 and FREED to develop an Aging and Disability Resource Connection (ADRC) in Yuba and Sutter Counties.
- Provided an information Table at the Down Syndrome walk in Sacramento. Provided
- Presented trainings on Developmental Disabilities to the Sacramento Police Department.
- Staff attended an informational course on Mental Health First Aid in Placer County offered by the Placer County Office of Education and Cal MHSA.
- Staff participated on California Health and Wellness' Disability Advisory Committee.

4.2 The Council, its federal partners, and self-advocates will increase information and training to law enforcement, court personnel, health care providers, and/or other care professionals about disability-related health and safety issues.

- Attended the Residential Vendor Forum at ACRC.

- Staff trained Law Enforcement as part of their as part of their 32 hour Crisis Intervention Team (CIT) Training.
 - 95 Police Officers from Sacramento Police Department and surrounding counties as part of their Crisis Intervention Team (CIT) Training.
 - 25 Police Officers from the Yolo County Police Department, Cache Creek Casino, Corrections Dept. and the Jail.
 - 55 Police Officers from Tehama County Police Department, Corrections and Jail staff, Fire Department, and mental health staff in Red Bluff
 - 55 Police Officers from the Sacramento County Sheriff Department
- Staff attended the 32 hour Level II POST (Peace Officer Standards and Training) course offered by the California Highway Patrol.
- Developed curriculum for 2 hour training on "Developmental Disabilities" for the Crisis Intervention Training Program for police, sheriff, and mental health first responders.
- Staff collaborated with staff person for UCD Mind Institute's African-American parent Support to organize and event between special needs parents and first responders.

5.1 The Council and its federal partners will increase knowledge and awareness of developmental milestones and intervention services for families of young

- Staff attended the Native American Networking Collaborative. 12 agencies were represented and there was a presentation on Social Media Training for social service agencies provided by staff from Sac Native American Health Clinic.
- SACRO staff attended the SANKOPA African-American Parent Support Group coordinated by UCD Mind Institute.

5.2 The Council, in consultation with its federal partners and other stakeholders, will increase awareness and knowledge for families and self-advocates about the availability of and access to services which support inclusive education.

- Participated in Legislative Information sharing Day at the State Capital in Sacramento to present testimony and advocate for full inclusion of all students with I/DD.
- Attended and provided information and outreach at the Think Transition meeting at the UC Davis MIND Institute in Sacramento.
- Attended and provided input and written information at the El Dorado Nevada, Placer, Yolo, Yuba, Sacramento, Folsom/Cordova Counties Special Education Local Plan Area's (SELPA) Community Advisory Committee (CAC) urging full inclusion in classrooms.
- Participated in and distributed information at the Nevada County Aging and Disability Resource Connection (ADRC), Community Living Implementation Council (CLiC) meeting in Grass Valley, hosted by FREED.
- Met with the Principal at the Placer School for Adults in Auburn.

- Attended an inclusive event for students at Nevada Union High School (NUHS) in Grass Valley. NUHS has adopted the "United Sports Day" into their school setting where they block off 3 hours of school and have a tournament style play with school athletes and students from special day classes.
- Staff contacted the Director at the E Center Head Start Program director which covers 9 counties and discussed inclusive practices.
- Staff attended the Think Transition meeting at the UC Davis MIND Institute.
- Staff created 8 documents regarding inclusion, education law, and rights for school professionals, teachers and parents titled:
 - 5 benefits of Inclusion Classrooms,
 - Sentence starters to use when talking to teachers,
 - Which laws do what - IDEA-ADA-Section 504,
 - Special Education: Federal Law vs. State Law,
 - The difference between ADHD and Autism,
 - Developmental disability Fact Sheet,
 - The Difference between IEP's and 504 Plans, and
 - Tips to make sure your Child's IEP is implemented properly.
- Met with Kristin Wright, Director of Special Education for the California Department of Education for the purpose of providing outreach and begin strategic planning for advocacy of full inclusion of all students.

5.3 The Council, in consultation with its federal partners and in collaboration with educators and stakeholders, will increase information and technical assistance to prepare and empower students, families and professionals in developing individualized transition plans.

- Attended the Sacramento County Developmental Disabilities Planning and Advisory Council at McClaskey Adult Center, Sacramento.
- staff attended the Community Advisory Committee for Special Education for Sac City Unified School District's General Meeting and workshop on "Independent Living, Empowerment & Self-Advocacy Presentation by CFILC/YO!".

6.2 The Council will increase the knowledge and skills of people with I/DD to move from institutional to community settings and to increase their ability to self-advocate.

- Attended and shared information with the City of Sacramento Disability Advisory Commission.
- Staff shared information with Jamie Crum, Director of the Communication Technology Education Center, regarding current grants offered through the Regional Centers to reduce disparities and also to increase transition to comply with HCBS Settings Rules.

- Met with Director of FREED Independent Living Center to plan for upcoming Collaboration and Input Meeting of Regional Center Providers in Nevada County to discuss successes and barriers to community inclusion activities.

6.3 The Council will increase outreach, training, and technical assistance to improve the quality of and access to services, including (but not limited to) Regional Centers, education, transportation, public benefits, child care, and recreation for people with I/DD and their families.

- Provided outreach information and participated in the Folsom Parks & Recreation Inclusion project - First Annual RUNWAY 17 Fashion Show.
- Attended the DDS Home and Community-Based Services Advisory Group meeting in order to gain updated information on California's Transition Plan.
- Attended and provided input and outreach at the Planning Team and CBO Working Group meeting regarding Sacramento City Parks and Recreation Department
- Hosted an "End of Life" planning workshop for adults with I/DD, presented by Carol Drebin.
- Participated in the Planning Meeting for the UC Davis MIND Summer Institute on Neuro-Developmental Disabilities in Sacramento.
- Met with self-advocate and staff from FREED in Grass Valley to discuss and plan a presentation on Community Inclusion for the next RAC meeting.
- Information Table at the Highway Patrol disabilities employment event at the state capital.
- Attended and provided technical assistance regarding youth with disabilities at the Sacramento Citywide Youth Development Planning team meeting. The City of Sacramento Recreation department is considering opening a new department for all youth in the greater Sacramento area and SCDD would like to provide perspective on supporting only inclusive activities.
- Attended and provided outreach at ACRC's Home and Community Based Settings (HCBS) information and training meeting for 60 residential, day program and employment service providers/vendors and 11 ACRC staff.
- Participated in the Ad-Hoc committee with Alta California Regional Center staff and providers to produce information and outreach training materials for outreach at ACRC's Home and Community Based Settings (HCBS) on-going trainings.
- Attended and presented information at the ACRC Board of Directors meetings.
- Attended the Sacramento County Voter Registration and Elections Voting Accessibility Advisory Committee.
- Attended the informational training titled "Your Money, Your Goals: Focus on People with Disabilities" offered by the Consumer Financial Protection Bureau (CFPB) and co-hosted by CLIC.

- Met with Elizabeth Marabito, Marketing & Publications Consultant with N&R Publications to discuss an article on inclusion!
- Attended the MAC Regional Transit meeting
- Attended the Mental Health First Aid Training in Placer County.
- Attended the Native American Networking Collaborative.
- Met at the Yolo County YMCA to meet with the Executive Director and Youth Sports Programs staff to talk about inclusive youth sports.
- Attended the official launch of Youth, Parks, & Community Enrichment for Sacramento Parks and Recreation Department at the Oak Park Community Center.
- Participate in the Planning Meeting for the UC Davis MIND Summer Institute on Neuro-Developmental Disabilities in Sacramento.
- Participate in the Voter's Choice Act Coalition Meeting. 75 community organizations and staff from various state and legislative offices attended. Subcommittees were established and SCDD joined the Field/Outreach Subcommittee.
- Attended the ADRC (Aging and Disability Resource Committee) for Sutter/Yuba Counties.
- Attend the Day and Work Program Vendor Forum at Alta California Regional Center.
- Planned and attended a meeting at the Sacramento News & Review (SN&R) for the purpose of providing support and input on the possibility of a future publication on the topic of community inclusion for people with I/DD.
- Attended the Network Café coordinated by the Sacramento Food Bank and Family Services.
- Attended the Placer County ADRC (Aging and Disability Resource Connection collaborative meeting.
- Attended the (Home and Community Based Services (HCBS) workgroup meeting at Alta California Regional Center



State Council on Developmental Disabilities

1507 21st Street, Suite 210,
Sacramento, CA 95811
Phone: (916) 322-8481
Fax: (916) 443-4957
e-mail: council@scdd.ca.gov
webpage: www.scdd.ca.gov

**PROGRAM DEVELOPMENT GRANT (PDG) CYCLE 41
REQUEST FOR PROPOSALS
DUE MARCH 6th!**

One or more
Program Development Grants in each Regional Office area
up to \$20,000 per area

Interested parties, please go to www.scdd.ca.gov for information
and instructions on the PDG Cycle 41 Request for Proposals and
for more information on the SCDD State Plan Goals.

Proposals must relate to one or more SCDD State Plan Goals:

- Goal 1: Self-Advocacy
 - Goal 2: Employment
 - Goal 3: Housing
 - Goal 4: Health and Safety
 - Goal 5: Early Intervention, Education, Transition & Post-Secondary Education
 - Goal 6: Formal & Informal Community Supports
-

SAVE the DATE:

February 6, 2018 from 3:00 p.m. to 4:00 p.m.

The State Council on Developmental Disabilities will host and
record a non-mandatory pre-bidders conference call to review the
RFP and address questions.

Call in number: **1-800-839-9416** - Pin number: **861-0332**



Ensure that Californians with developmental disabilities are guaranteed the same full and equal opportunities for life, liberty, and the pursuit of happiness as all Americans.

January 18, 2018 State Council Meeting Summary

SIGNIFICANT ITEMS

- SCDD removed from federal high risk status designation
- SCDD's work in 2017 reach 2,571,311 Californians
- Council approved the Cycle 41 Grant process for \$240,000 in local innovative ideas that can have statewide impact

EXECUTIVE DIRECTOR REPORT

- Submitted 11th and final report to AIDD
- Corrective Action Plan is complete and the high risk designation was removed
- Met with UCD to kick off grant to educate people about supported decision making
- Council signed letter to U.S. Department of Justice, related to integrated employment
- Obtained flexibility in contracting grants through negotiations with the Department of General Services Legal Office

SUMMARY OF ACTIONS TAKEN

- Approved 2017 Program Performance Report
- Approved the Cycle 41 Grant process
- Approved Conflict of Interest waiver requests for:
 - Suzette Serrano (FNRC)
 - Elizabeth Espinosa (WRC)
 - Zoe Giesberg (WRC)
 - Betty Pearson Grimbale (WRC)
- Approved \$999 sponsorships for:
 - Care Parent Network
 - Family Voices of California

STATE PLAN INFORMATION

- November and December 2017: reached 174,742 Californians

FUTURE MEETING DATES

- March 20, 2018
10:00 a.m. - 5:00 p.m. in Sacramento



Ensure that Californians with developmental disabilities are guaranteed the same full and equal opportunities for life, liberty, and the pursuit of happiness as all Americans.

November 30, 2017 State Council Meeting Summary

SIGNIFICANT ITEMS/EVENTS/OCCURRENCES

- Discussed Structural Deficit Recommendations
- Presented 2018 Policy Platform & Legislative Priorities

EXECUTIVE DIRECTOR REPORT

- Accepted the "Employer of the Year" award given by the Association of California State Employees to a small state department
- Began the Technical Assistance Grant from the U.S. Consumer Financial Protection Bureau to provide "Your Money, Your Goals" information and training
- Gave keynote addresses on employment
- Met with Executive Directors from other State Councils to discuss advocacy and national response to possible Medicaid cuts

SUMMARY OF ACTIONS TAKEN

- Approved Structural Deficit Workgroup recommendations 2 – 8:
 2. Co-locate the Sacramento office with Headquarters including a shared Office Technician
 3. Share Office Technicians between offices and upgrade OT's to Program Techs, as allowable
 4. Keep two OT positions at Headquarters vacant
 5. Downsize San Diego regional office space
 6. Downsize San Bernardino regional office space
 7. Require use of "Wanna Get Away" fares for Council member and staff travel
 8. Provide Council and committee members with iPads instead of paper packets
- Approved 2018 Policy Platform
- Approved proposed priorities for potential sponsored legislation in 2018

UC DAVIS
MIND INSTITUTE
SAVE THE DATE



**MIND Summer Institute on
Neurodevelopmental Disorders:**

Updates on Research, Policy and Evidence-Based Practices
from Early Intervention through Transition/Adult



**Physicians, Nurses, Speech-
Language Pathologists,
Educators, Mental Health
Professionals and Behavior
Analysts can earn CEUs
and/or CME professional
development hours.**

Family members, self-advocates and
students are strongly encouraged to attend.
Scholarships available upon request.

Sponsored By:

- Center for Excellence in Developmental Disabilities at the MIND Institute
- UC Davis Office of CME

Friday, August 3, 2018

UC Davis Conference Center, Davis, CA

For more information go to:
<http://bit.ly/2jsLO1g>



Keynote:

Getting SMARTer About Personalizing
Interventions for Children with ASD
Dr. Connie Kasari and Dr. Tristram Smith

CONFERENCE HIGHLIGHTS

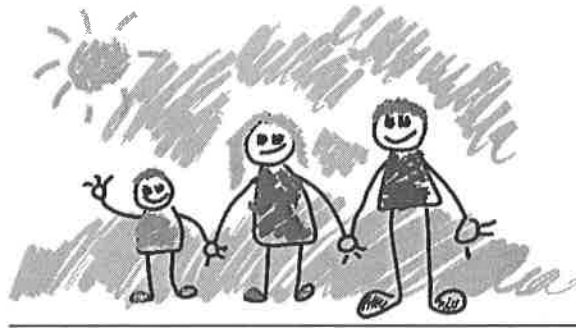
- ADHD Treatments
- Implementation Research for Schools
- Integrated Competitive Employment
- Sibling Support
- ESDM Parent Coaching
- Culturally Responsive Practices
- Family focused strand including "make and take" and resource fair supported by the Autism Intervention Research – Behavioral Network (AIR-B)



Teaching Toddlers to Talk

A Parent Training Class for parents of Infants and Toddlers with a current IFSP through Alta California Regional Center

Facilitated by
Dana Shea, ACRC Speech Pathologist



Do you have concerns about your child's speech? Are you interested in learning about speech and language development? Want to learn strategies for helping your toddler learn to talk? Then plan to attend this **FREE** workshop!

YOU are your child's best teacher! Come get the support you need to help your child develop their speech and language skills!

Where: Alta California Regional Center
2241 Harvard Street, Suite 100
Sacramento, CA 95815

When: Monday, February 26th, 2018
4:00 pm to 5:30 pm

This class is for parents of infants and toddlers served by the Early Start Program (birth to 36 months old) with a current IFSP.

Please Note: This workshop is for Adults only-childcare will not be provided.

Class size is limited. Pre-Registration is required.

To register, please contact Patti Diamond by phone at 916-978-6506 or by email at pdiamond@altaregional.org by February 23, 2018.



DDS SafetyNet

For Health, Safety, and a Better Life

Summer 2016

Supporting Healthy Friendships



Why are friendships important?

Long-lasting friendships are important to all of us. Most of us can name friends who we can -

- talk to,
- have fun with, and
- feel supported by.

Friends are there for each other, hopefully, for a long time. Without a network of friends, a person can feel depressed and lonely.

As support staff, you may develop a close relationship with someone you support. It is important to remember that over time, your job can change. At some point, you may no longer be there for that person.

An important part of your job is to help the individuals you support make friendships that will last over time. This helps people lead much fuller and more enjoyable lives. When they have friends and family in their lives, everyone wins!

What is a healthy friendship?

The first thing to do to help an individual make friends is to talk about what a healthy friendship looks like.

A true friend doesn't come and go...

They stay,

They listen, and

They are there for you during ups and downs!

Talk about what a real friend looks like, sounds like and acts like. For example, friends talk to, and listen to each other. They also show sympathy and understanding when needed. In addition, they say nice things to each other. All of these things serve to build trust and strengthen a friendship.

Help the individual understand what a healthy friendship means. It usually means feeling good, feeling safe, and feeling supported. In any friendship, there may be times when there are disagreements. In a healthy friendship, people talk and work things out.

Ongoing feelings of sadness, anger, or fear may be a sign of an unhealthy friendship. Make sure individuals know where to go and who to talk to when they have these feelings.

Watch the video "It's Great to Have Friends" and use the companion *tip sheet*

"Friendship—10 Things to Know" to help start a conversation about healthy friendships. Find them here: <http://ddssafety.net/everyday-life/friendships-and-relationships/all-about-supporting-healthy-friendships>



DDS SafetyNet

For Health, Safety, and a Better Life

Friendships - continued



What can you do to help an individual you support meet others?

There is no set way for starting a friendship. Friendships usually grow out of shared activities and interests. Here are some ideas about how to help an individual meet people who may become friends.

1. **Talk to the individual you support about things they like to do.** Use the worksheet *What Do I Like to Do?* to help get ideas. Work together to choose one or two interests or favorite activities.
2. **Connect these choices to opportunities for meeting new people and making friends.** For example, someone may have an interest in gardening. Does the local nursery have a gardening class?
3. **Explore your community together.** Check out local civic groups, community colleges, adult schools or libraries for activities that match the person's interests.
4. **Use your community connections.** Set aside time at staff meetings to brainstorm all of the community connections you and your co-workers have. One might match the individual's interest and lead to an opportunity for new friendships.

5. **Offer encouragement and support for attending an activity, especially the first few times.** You may need to provide or arrange for transportation. You may also need to help an individual learn how to make friends.

What are some tips on how to make friends?

Many people are shy or unsure of how to approach a new person. They lack confidence because they don't know what to do or say. **You can help by sharing and role-playing these simple tips for meeting people.**

When a person first meets someone new, they should **approach the person in a friendly way**. If they find out they both like the same thing, they can talk more about it. Maybe there is an opportunity for them to get together and go out for lunch or coffee. That will give them an opportunity to get to know each other better.

As a support staff, you can help an individual build their confidence. Before you know it, they will have a new friend! You may need to continue to provide some support to help the friendship grow over time.

More Resources about Friendships

You can find additional materials on the SafetyNet website. **These tip sheets will help you support individuals to develop friendships and community connections:**

- Friendship - 10 Things to Know
- Making New Friends
- "What Do I Like to Do?" Worksheet

Get these tip sheets on the DDS SafetyNet here: <http://ddssafety.net/everyday-life/friendships-and-relationships/all-about-supporting-healthy-friendships>



Supported Life Institute
Advocating Inclusive & Dynamic Communities

Save These Dates!!!

**23rd Annual Statewide Self-Advocacy Conference
~ Western States Invited ~**

Friday & Saturday May 4 - 5, 2018

~ Crowne Plaza Hotel, Sacramento ~

"Advocacy Rocks"



Registration materials coming in March!

Over 400 people attended statewide last May for:
Self-Advocacy and Peer Advocacy Learning
Networking with Self-Advocates from all over CA
PLUS

Leaders from Nevada
and other Western States



Want to be a Conference Session Speaker?
Apply by December 20th, 2017

Self-Advocates from throughout California plus nearby Western States are invited to apply, as **Self-advocates** are the session speakers.

Professionals or others can still play an important role by helping people practice, get ready to present, & be in the audience during sessions (though all must be registered to attend the conference).

Filling Out the Speaker Application Form? (see separate form)

To apply about a session:

- 1) complete **both sides** of the attached Speaker Application Form to tell us about the session you want to present
- 2) **return** it to us by fax or mail (or scan and email)



Please note that all conference Speakers and Helpers DO pay regular conference registration fees.



Sacramento County Developmental Disabilities Planning and Advisory Council

AGENDA

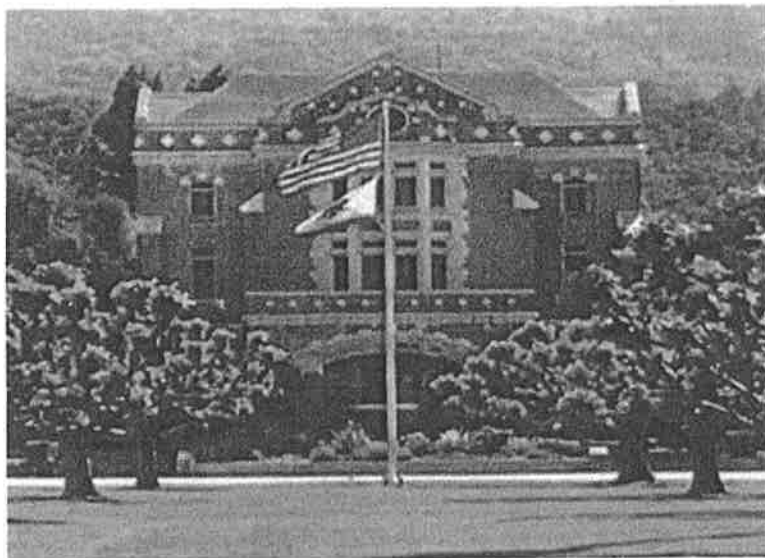
Wednesday February 21, 2018
A. Warren McClaskey Adult Center, Room 3
5241 J Street, Sacramento, CA 95819

OPEN TO THE PUBLIC
PARKING LOT ADJOINS BUILDING IN REAR- ACCESS OFF 53rd STREET

9:00 A.M.	Call to Order	Patty Uplinger, Chairman
	Approval of Past Minutes	Council Members
9:15 A.M.	San Juan School District's Transitioning Adult Students	Julia Arreguin, Principal Laurel Ruff School
11:00 A.M.	Adjournment	Steve Andrews, Vice-Chairman

Make A Difference

Be a Volunteer Advocate for people living in your community
who moved from Sonoma Developmental Center



**\$75 stipend
per month
per person
assigned**



**Are you patient with people? Are you a good listener?
Do you have compassion? Are you dependable? If so,
please contact our office to be a Volunteer Advocate!**

What does a **Volunteer Advocate** do?

- Meets with a person recently transitioned from Sonoma DC for one year
- Develops a connection by visiting in the person's home and day services location
- Is a member of the interdisciplinary team along with the Regional Center
- Attends Transition Review Meeting with the person
- Assists the person to speak up for him/herself
- Advocates on behalf of the person only when she/he cannot
- Receives initial orientation at Sonoma Developmental Center and on-going support from the VAS Coordinator
- Submits contact reports, invoices, and other paperwork

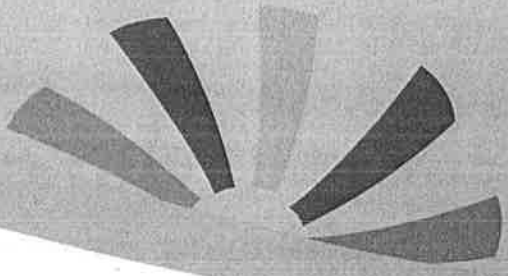
Contact:

Ross Long

SCDD at Sonoma
Developmental Center
Volunteer Advocacy Services
Coordinator

Office: (707)938-6757

ross.long@sonoma.dds.ca.gov



Educate, Equip and Support: Building Hope

A 10-week training
for parents, caregivers, and resource family members

*This training is for parents and caregivers of children with emotional and/or behavioral challenges. It provides education on the most common childhood mental illnesses, and offers strategies to assist parents in managing the illness while building resilience in the child. Training also includes instruction on the Special Education process, and how to work successfully with Child Welfare and the court system.

Thursdays: January 25 — April 5, 2018

10:00 am — 12 noon

**Gonzales Building, Clarksburg Room
Yolo County Health and Human Services Agency
25 N. Cottonwood Street, Woodland, CA 95695**

RSVP: Tessa Smith, Family Partner

Phone: (530) 666-8546 Email: Tessa.smith@yolocounty.org

*Building Hope — for wellness, resilience, and the
strengthening of our families*

Department of Developmental Services

Governor's Budget Highlights



**Edmund G. Brown Jr.
Governor
State of California**

**Diana S. Dooley
Secretary
California Health and Human Services Agency**

**Nancy Bargmann
Director
Department of Developmental Services**

January 2018

DEPARTMENT OF DEVELOPMENTAL SERVICES GOVERNOR'S BUDGET HIGHLIGHTS

PROGRAM HIGHLIGHTS

The Department of Developmental Services (Department or DDS) is responsible under the Lanterman Developmental Disabilities Services Act (Lanterman Act) for providing approximately 330,000 persons with developmental disabilities the services and support they require to lead more independent and productive lives and to make choices and decisions about their lives.

California provides services and supports to individuals with developmental disabilities two ways. The vast majority of people live in their families' homes or other community settings and receive state-funded services coordinated by 21 non-profit corporations known as regional centers. In contrast, a small number of individuals live in three state-operated developmental centers (DCs) and one state-operated community facility. The number of individuals with developmental disabilities in the community served by regional centers (consumers) is expected to increase from 317,837 in the current year, to 333,024 in 2018-19. The number of individuals living in state-operated residential facilities is estimated to be 537 on June 30, 2018, and 361 on June 30, 2019.

Governor's Budget Summary

The Governor's Budget includes \$7.3 billion total funds (\$4.4 billion GF) for the Department in 2018-19; a net increase of \$368 million (\$248.3 million GF) from the updated 2017-18 budget, or a 5.3 percent total fund increase.

FUNDING SUMMARY <i>(Dollars in Thousands)</i>				
	2017-18*	2018-19	Difference	Percentage Change
BUDGET SUMMARY				
Community Services	\$6,375,499	\$6,858,287	\$482,788	7.6%
Developmental Centers	494,798	375,636	-119,162	-24.1%
Headquarters Support	63,156	67,597	4,441	7.0%
TOTALS, ALL PROGRAMS	\$6,933,453	\$7,301,520	\$368,067	5.3%
GENERAL FUND				
Community Services	\$3,786,315	\$4,105,886	\$319,571	8.4%
Developmental Centers	366,617	291,953	-74,664	-20.4%
Headquarters Support	36,232	39,589	3,357	9.3%
GF TOTAL, ALL PROGRAMS	\$4,189,164	\$4,437,428	\$248,264	5.9%

*Total funds do not include \$20.1 million for DC Employee Retention Incentives added in Item 9800 of the 2016 Budget Act and displayed in the Governor's Budget Galley.

For more details, see Budget Summary and Funding Charts on pages 7 and 8.

COMMUNITY SERVICES PROGRAM

2017-18

To provide services and support to 317,837 individuals in the community, the Governor's Budget updates the 2017 enacted budget to \$6.4 billion (\$3.8 billion GF). This reflects a net decrease of \$24.5 million (\$34.7 million GF decrease) as compared to the enacted budget for regional center Operations (OPS) and Purchase of Services (POS). This decrease is comprised of:

Caseload and Utilization

\$39.4 million net decrease (\$38.5 million GF decrease) in regional center OPS and POS as follows:

- OPS increase of \$54,000 (\$9.5 million GF decrease)
- POS decrease of \$39.4 million (\$29 million GF decrease)

The increase in OPS is due to a slight increase in Intermediate Care Facility-Developmental Disabled (ICF-DD) Administration Fees paid to regional centers. The significant GF decrease as compared to the minor OPS expenditure increase reflects an estimated increase in reimbursements from Targeted Case Management (TCM), which offsets the GF.

The decrease in POS reflects updated, actual expenditures from the Senate Bill (SB) 3 Minimum Wage Increase, effective January 1, 2017, coming in lower than originally estimated, resulting in a lower base on which expenditures are projected.

Transition of Behavioral Health Treatment (BHT) Services to the Department of Health Care Services (DHCS)

\$1.5 million increase (\$1.5 million GF increase) in POS due to a delay in implementing the transition of consumers without an Autism Spectrum Disorder (ASD) Diagnosis who receive Behavioral Health Treatment (BHT) services, to the Department of Health Care Services. Originally planned for January 1, 2018, the Department will now transition children who receive BHT services on a fee-for-service basis on March 1, 2018. These children will continue to receive services through the regional centers, and DHCS will reimburse the Department for the related expenditures. Children who receive these services through Medi-Cal Managed Care will transition to DHCS on July 1, 2018.

SB 3, Chapter 4, Statutes of 2016, Minimum Wage Increase

\$13.4 million increase (\$6.3 million GF increase) to reflect updated expenditures resulting from the \$10.50 to \$11.00 minimum wage increase effective January 1, 2018.

Community Placement Plan (CPP) - DC Closure

\$0 total fund increase (\$3.9 million GF decrease) reflecting a fund shift from GF to reimbursements for placement expenditures for DC movers. The fund shift results from more expenditures estimated to be eligible for federal fund reimbursements.

2018-19

The Governor's Budget proposes total funding of \$6.9 billion (\$4.1 billion GF) for services and supports for regional center consumers living in the community. This reflects a \$482.8 million increase (\$319.6 million GF increase) over the revised current year budget. The projected community caseload is 333,024 consumers, which is an increase of 15,187 consumers over 2017-18. The Community Services budget adjustments, as compared to the revised current year, include:

Caseload and Utilization

\$361.3 million increase (\$275.4 million GF increase) in regional center OPS and POS as compared to the updated current year budget.

- OPS increase of \$31.4 million (\$34.2 million GF increase)
- POS increase of \$329.9 million (\$241.2 million GF increase)

The OPS increase is for additional staffing resulting from increased caseload, as well as minor increases for federal compliance and projects. Additional GF in 2018-19 provides backfill for the loss of funds from the Money Follows the Person grant, which expires in 2017-18.

The POS increase reflects changes in all POS budget categories based on updated caseload and expenditure projections.

Transition of BHT Services to DHCS

\$47 million decrease (\$47 million GF decrease) in POS to implement the transition of consumers without an ASD Diagnosis who receive BHT services. This includes full year cost savings for those who receive BHT services on a fee-for-service basis who will transition to DHCS on March 1, 2018, as well as those children who receive these services through Medi-Cal Managed Care that will transition to DHCS on July 1, 2018.

Community Placement Plan (CPP) - DC Closure

\$2.8 million increase (\$3.7 million GF increase) in DC Closure-specific CPP funding to fund placement expenditures for additional DC movers.

Uniform Holiday

\$5.6 million decrease (\$2.9 million GF decrease) to re-implement the 14-day uniform holiday schedule.

Senate Bill (SB) 3, Chapter 4, Statutes of 2016, Minimum Wage Increase

\$178.5 million increase (\$97.6 million GF increase) in POS to reflect full-year costs of the state-mandated hourly minimum wage increase from \$10.50 to \$11.00 that was effective January 1, 2018, as well as the increase from \$11.00 to \$12.00 that is effective January 1, 2019.

Best Buddies

\$1.6 million decrease (\$1.6 million GF decrease) due to the removal of 2017-18 one-time funding.

Safety Net Resources

\$5.6 million decrease (\$5.6 million GF decrease) due to the removal of one-time funding provided in 2017-18 for the Community Services Program to develop safety net resources.

DEVELOPMENTAL CENTERS (STATE OPERATED RESIDENTIAL AND COMMUNITY FACILITIES PROGRAM)

2017-18

The actual DC population on July 1, 2017, was 795 residents. The Department projects an ending population of 537 residents on June 30, 2018.

The Governor's Budget updates the 2017 enacted budget to \$494.8 million (\$366.6 million GF); a net increase of \$28.8 million (\$18.4 million GF increase). The net increase is a combination of the following adjustments:

Operations Expenditures

- Net increase of \$4.5 million (\$2.6 million GF increase), which reflects an increase of \$7.3 million in Personal Services and OE&E expenditures to care for an additional 42 residents as compared to the enacted budget, offset by a \$2.8 million reduction in lease revenue bond payments.

Employee Compensation and Retirement

- Increase of \$17.2 million (\$11.1 million GF increase) for compensation and retirement adjustments approved through the collective bargaining process and included in Item 9800 - Employee Compensation Adjustments.

Sonoma and Fairview Lump Sum Payouts

- Increase of \$7.1 million (\$4.7 million GF increase) to fund lump sum leave balance payouts for separating employees.

2018-19

The Governor's Budget proposes a total of \$375.6 million (\$292 million GF) for the State Operated Residential and Community Facilities Program; a net decrease of \$119.2 million (\$74.7 million GF decrease) from the revised current year budget. The net decrease reflects the following adjustments:

Operations Expenditures

- Decrease of \$120.5 million (\$74.8 million GF decrease) as compared to the revised current year budget for decreases in Personal Services and OE&E due to resident placements, offset by an increase in lease revenue bond payments. Within this adjustment is an increase of \$5.6 million GF and 53.2 positions to

operate two additional STAR homes as part of the Department's safety net plan.

Employee Compensation and Retirement

- Increase of \$0.6 million (\$0.4 million GF increase) for compensation and retirement adjustments approved through the collective bargaining process as compared to the revised current year budget. In total, the Governor's Budget includes \$17.8 million (\$11.5 million GF) for employee compensation and retirement adjustments in 2018-19.

Centralized Functions at Headquarters

- Decrease of \$2.1 million (\$1.6 million GF decrease) to transfer 15.5 positions from the State Operated and Community Facilities Program to Headquarters for statewide oversight positions and activities that will continue beyond closure of the developmental centers as detailed in a related BCP.

Sonoma and Fairview Lump Sum Payouts

- Increase of \$2.2 million (\$0.8 million GF increase) above the revised current year budget to fund lump sum leave balance payouts for separating employees. In total, the Governor's Budget proposes \$9.3 million (\$5.7 million GF) in 2018-19 to fund lump sum leave payouts.

Sonoma and Fairview Security Costs

- Increase of \$0.6 million (\$0.5 million GF increase) to provide physical security measures during warm shut down.

CAPITAL OUTLAY

The 2017 enacted budget includes \$3.7 million GF to install a nitrate removal system at Porterville. The system will remove excess nitrates from well water to meet state-mandated safe drinking water requirements, thereby providing a safe, reliable, and efficient potable water delivery system. There are no changes proposed to this project.

The Governor's Budget does not include a proposal for capital outlay funds in 2018-19.

HEADQUARTERS

2017-18

The Governor's Budget reflects an increase of \$2.2 million (\$1.3 million GF increase) over the enacted budget for employee compensation and retirement adjustments. The total updated 2017-18 Headquarters budget is \$63.2 million (\$36.2 million GF).

2018-19

The Governor's Budget proposes total Headquarters operations funding in 2018-19 of \$67.6 million (\$39.6 million GF). This is a net increase of \$4.4 million (\$3.4 million GF increase) over the updated 2017-18 budget, reflecting a \$0.2 million increase (\$0.2 million GF increase) due to changes in employee compensation and retirement adjustments. The increase also reflects expenditures and positions from the following three Budget Change Proposals (BCPs):

Clinical Staff for Community Homes Oversight

The Department requests \$2 million (\$1.4 million GF) to fund 9.0 positions to increase clinical staff and expertise within Headquarters to support development and ongoing monitoring of Adult Residential Facilities for Persons with Special Health Care Needs, Enhanced Behavioral Supports Homes, and Community Crisis Homes.

Centralize Statewide Activities for Developmental Services

The Department requests approval to shift \$2.1 million (\$1.6 million GF) and 15.5 positions from the State Operated Residential and Community Services Program to Headquarters for statewide oversight positions and activities that will continue beyond closure of the developmental centers. Assigning the positions and funding within Headquarters is consistent with the current functions of the positions and provides continuity of services and expertise within the Department for ongoing, statewide responsibilities and programs.

Establish Internal Audit Unit

The Department requests \$295,000 (\$178,000 GF) and 2.0 positions to establish an internal audit unit. In addition to initial planning activities, the requested resources will complete general internal audit assignments such as delegated contract audits from the Department of General Services and the State Leadership Accountability Act review from the Department of Finance. Further, the resources will serve as liaisons during audits conducted by outside entities such as the California State Auditor, the Department of Finance, and the State Controller's Office.

DEPARTMENT OF DEVELOPMENTAL SERVICES
2018 Governor's Budget

FUNDING SUMMARY

(Dollars in Thousands)

	2017-18	2018-19	Difference
BUDGET SUMMARY			
COMMUNITY SERVICES	\$6,375,499	\$6,858,287	\$482,788
DEVELOPMENTAL CENTERS	494,798	375,636	-119,162
HEADQUARTERS SUPPORT	63,156	67,597	4,441
TOTALS, ALL PROGRAMS	\$6,933,453	\$7,301,520	\$368,067
FUND SOURCES			
General Fund	\$4,189,164	\$4,437,428	\$248,264
Reimbursements: Totals All	2,684,124	2,804,021	119,897
<i>Home and Community-Based Services (HCBS) Waiver</i>	<i>1,716,030</i>	<i>1,859,256</i>	<i>143,226</i>
<i>Medicaid (HCBS) Waiver Administration</i>	<i>14,700</i>	<i>14,696</i>	<i>-4</i>
<i>Medicaid Administration</i>	<i>16,212</i>	<i>16,217</i>	<i>5</i>
<i>Targeted Case Management</i>	<i>204,122</i>	<i>209,939</i>	<i>5,817</i>
<i>Targeted Case Management Admin.</i>	<i>6,871</i>	<i>6,895</i>	<i>24</i>
<i>Medi-Cal</i>	<i>133,575</i>	<i>89,356</i>	<i>-44,219</i>
<i>Title XX Block Grant</i>	<i>213,421</i>	<i>213,421</i>	<i>0</i>
<i>ICF-DD/State Plan Amendment</i>	<i>62,760</i>	<i>62,760</i>	<i>0</i>
<i>Quality Assurance Fees (DHCS)</i>	<i>11,106</i>	<i>11,106</i>	<i>0</i>
<i>1915(i) State Plan Amendment</i>	<i>247,610</i>	<i>266,897</i>	<i>19,287</i>
<i>Money Follows the Person</i>	<i>11,396</i>	<i>0</i>	<i>-11,396</i>
<i>Early Periodic Screening Diagnosis & Treatment</i>	<i>26,857</i>	<i>29,488</i>	<i>2,631</i>
<i>Behavioral Health Treatment FFS</i>	<i>10,822</i>	<i>15,151</i>	<i>4,329</i>
<i>Other</i>	<i>8,642</i>	<i>8,839</i>	<i>197</i>
Federal Trust Fund	55,669	55,574	-95
Lottery Education Fund	323	323	0
Program Development Fund (PDF)	2,857	2,857	0
Mental Health Services Fund	1,166	1,167	1
Developmental Disabilities Svs Acct	150	150	0
AVERAGE CASELOAD			
Developmental Centers (ending population)	537	361	-176
Regional Centers	317,837	333,024	15,187
AUTHORIZED POSITIONS			
Developmental Centers	3,859.6	3,032.2	-827.4
Headquarters	428.5	455.0	26.5

**DEPARTMENT OF DEVELOPMENTAL SERVICES
2018 Governor's Budget**

Program Highlights
(Dollars in Thousands)

	2017-18*	2018-19	Difference
Community Services Program			
Regional Centers	\$6,375,499	\$6,858,287	\$482,788
Totals, Community Services	\$6,375,499	\$6,858,287	\$482,788
General Fund	\$3,786,315	\$4,105,886	\$319,571
Program Development Fund (PDF)	2,537	2,537	0
Developmental Disabilities Svs Acct	150	150	0
Federal Trust Fund	52,964	52,867	-97
Reimbursements	2,532,793	2,696,107	163,314
Mental Health Services Fund	740	740	0
Developmental Centers Program			
Personal Services	\$428,511	\$309,718	-\$118,793
Operating Expense & Equipment	66,287	65,918	-369
Total, Developmental Centers	\$494,798	\$375,636	-\$119,162
General Fund	\$366,617	\$291,953	-\$74,664
Federal Trust Fund	0	0	0
Lottery Education Fund	323	323	0
Reimbursements	127,858	83,360	-44,498
Headquarters Support			
Personal Services	56,301	60,020	3,719
Operating Expense & Equipment	6,855	7,577	722
Total, Headquarters Support	\$63,156	\$67,597	\$4,441
General Fund	\$36,232	\$39,589	\$3,357
Federal Trust Fund	2,705	2,707	2
PDF	320	320	0
Reimbursements	23,473	24,554	1,081
Mental Health Services Fund	426	427	1
Totals, All Programs	\$6,933,453	\$7,301,520	\$368,067
Total Funding			
General Fund	\$4,189,164	\$4,437,428	\$248,264
Federal Trust Fund	55,669	55,574	-95
Lottery Education Fund	323	323	0
PDF	2,857	2,857	0
Developmental Disabilities Svs Acct	150	150	0
Reimbursements	2,684,124	2,804,021	119,897
Mental Health Services Fund	1,166	1,167	1
Totals, All Funds	\$6,933,453	\$7,301,520	\$368,067
Caseloads			
Developmental Centers	537	361	-176
Regional Centers	317,837	333,024	15,187
Departmental Positions			
Developmental Centers	3,859.6	3,032.2	-827.4
Headquarters	428.5	455.0	26.5

*Total Expenditures do not reflect the statewide item for Employee Retention Incentives of \$20.1 million that was added by the 2016 Budget Act and displayed in the Governor's Budget Gallery.

What is "Deeply" Affordable Housing?

by Teresa Anderson, MPH

It goes without saying that California is at a loss when it comes to meeting the need for many of those seeking affordable housing. The Housing and Urban Development Agency (HUD) defines affordable housing as housing in which the occupants are not paying greater than 30% of their gross income toward housing costs, including utilities. According to the chart below that means that nearly two-thirds of the population in California would need to make approximately \$4,500 (+) per month in order to "affordably" rent a 2-bedroom apartment. Affordable housing is intended to target people making 50% - 60% of the area median income (AMI). Deeply affordable housing is intended to target people making 25% - 35% of the AMI.



The Supplemental Security Income (SSI) and the State Supplemental Payment (SSP) increased to \$910.72 per month on January 1, 2018. It is estimated that 94.9% of regional Center clients who live in community care facilities receive SSI/SSP. In California a person is considered extremely low income if they make \$15,400 per year so the maximum they could pay for affordable housing would be \$385 per month. In Sacramento, an individual would have to make between \$16,013 - \$22,418 per year to be considered in need of deeply affordable housing (AMI in Sacramento is \$64,052 per year). For people with IDD who rely on SSI/SSP they don't even meet the extremely low-income limit, as defined by the state, as their income is \$12,468 per

year so the maximum they could pay for affordable rent would be \$311.70 per month.

The chart below clearly shows that deeply affordable housing just doesn't exist and in fact affordable housing is nearly non-existent as well. Given that people with IDD who rely on SSI/SSP to meet their housing and living needs don't even meet the criteria for extremely low income we need to look beyond solutions for affordable housing and advocate for deeply affordable housing. The number of people with IDD that can't afford to live in the community in their own home and the depth of poverty is really quite staggering when we think about it.... 94.9% of people with IDD living in community care facilities today cannot afford to move out!



Teresa Anderson,
Prevention
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